

Serenity Now Client Testimonials

"On numerous occasions I have had the pleasure of receiving massage therapy at Serenity Now. The surroundings are tasteful and very relaxing. At all times I was treated with respect and dignity. The professionalism exhibited by Jennifer L. Jaeger was never questioned. I would highly recommend this service to anyone who may need expert help and satisfaction. I don't know what I would have done without her treatment of my neck problems."

Glenn

"I have a highly stressful job that tends to turn up in knots in my back between my shoulder blades. After a session with Jennifer, it genuinely helps me relax and my body feels much better. Massage allows me to function at a higher level personally and professionally."

Beau Felux

Vice President of Central Operations for Pavestone

"I used to have a very frequent problem with my sciatic nerve on my left side. The slightest movement or twist and I would be in complete pain for several weeks. Since going to Jennifer for my massage, I have not had that pain in almost a year. I also enjoy the sessions because we laugh so much and I feel like she's my therapist. Jennifer has helped me in so many ways and I highly recommend her services!"

Debbie Parker

"I am one of those middle aged women that had several car wrecks and numerous falls that resulted in injuries that have plagued me for years. In addition, I developed Fibromyalgia about 6 years ago so I try to get to the chiropractor when I can, but schedule massage therapy every 2 to 3 weeks. I don't think I could actually function day to day without it. That being said, I have to say that Jennifer is the best massage therapist I've ever had. I can't wait to see her and I feel like a relaxed marshmallow when I leave. I hope I never have to find another one!!!"

C.G.

"Saturday morning I woke up and was unable to turn my head to the right. Really I couldn't even hold my neck/head in the straight position without pain. My husband, who is also a client, decided we need to call Jennifer right away. Thankfully Jennifer worked me in and after my massage I am feeling so much better. The next day I was pain free. I don't know what I would have done without Jennifer's help. Thanks!"

Sharon

"I look forward to my massage each month. It is often the most peaceful and relaxing time of the whole month. Plus, massage has really helped with my headaches and eased the shoulder/neck pain and tension. I couldn't live without it!"

Ann

"I work in an office setting and started getting massages on a regular basis to help with my neck/shoulder problems. The atmosphere is very relaxing and I feel absolutely wonderful after my massages with Jenn. My husband has noticed the difference it makes and that my shoulders are much more relaxed and where they should be (not up to my ears!). I would encourage anyone to try a massage. It's very relaxing and you won't leave without scheduling next month's appointment!"

Elizabeth

"I always look forward to my weekly massage with Jennifer. She never fails to ask how I am feeling and if any particular area is bothering me. She really knows how to focus her energy on a certain problem area and how to bring me great relief if I have a headache, tense neck, or aching lower back. Jennifer is an experienced and caring therapist whom I highly recommend to anyone seeking either a relaxing massage experience, relief from tension-stressed muscles, or therapy for over-extended aching muscles. I have been going to her for a couple of years on a regular basis, and my body knows when my massage time is. I always look forward to this once-a-week therapy for my mind, soul, and body."

S.K.

"I have had many massages in the past and by far I have always felt like Jennifer has given me the most wonderful, relaxing massage in the most serene and peaceful environment. I really feel spoiled when I come to see

her! I would recommend anyone to set up an appointment with Jennifer and feel the tension wash away as she works your body into a comfortable state of bliss. You deserve the best, so call Jennifer."

Mindy Anderson

"Great deep tissue massage, I felt like my body had been cleansed of toxins that build up from tension, stress, etc... I highly recommend a massage from Jennifer, she does a great job."

A.G.C.

"I was referred to Jennifer over a year ago. I drive from Houston to New Braunfels just to have a massage from Jennifer. She's great!"

Lisa J.

"At 55, I was hesitant to consider a massage therapist. Not my style I said to myself, and, frankly, the thought of having a massage made me uncomfortable. But I was referred to Jennifer Jaeger by my chiropractor. I thought my aches and pains were associated with my age. The massage therapy I have received from Mrs. Jaeger has worked wonders. I can, without reservation, say that I have not felt this pain free and agile in several years. Jennifer has my endorsement."

Doug

"Jennifer is truly great! I'm typically sore in my middle to lower back from driving, sitting and/or working outside and a session with Jennifer helps reduce the soreness almost instantly. She is very attentive and focused in her efforts, which helps me get the maximum benefit from the session."

Bob G.

"I have had back pain for years due to arthritis and degenerative disc disease. After receiving numerous injections, my pain management doctor recommended massage therapy. My sister had been to Jennifer for massages so I tried her. Going to Jennifer has really improved my back pain. She is highly professional and puts you at ease. Jennifer has started working out of her home and the atmosphere is very soothing and relaxing. I would recommend Jennifer for anyone who has pain to relieve it or anyone who just wants a pampering massage."

L.R.

